



Bethanga Primary School

PRINCIPAL: Rachel Saunders

Our Purpose We provide all students from Bethanga, Bellbridge and beyond with an inspiring and responsive curriculum to promote thinking and encourage curiosity. We nurture individual talents and needs in our setting underpinned by high expectations, quality opportunities and caring personalized attention in order for our children to reach their full academic and social potential.

School Values **R**APPORT – **R**espect **A**cceptance **P**ersistence **P**ride **O**ptimism **R**esilience **T**ruth

Term 3 Week 2 2024

Newsletter published
Friday 26th July 2024

Upcoming Dates

Week 3

Tuesday 30th

Year 6 Mental Health & Wellbeing Skate Session 2

Friday 2nd August

BOOK CLUB- Issue 5 DUE BACK

Art Show Opening Night- 7pm

Week 4

Tuesday 6th

School Photos- 9am

Year 6 Mental Health & Wellbeing Skate Session 3

Week 5

Monday 12th

**Arts Festival- Galvin Hall
Wodonga Senior
Secondary College-
11:30am**

Week 6

Monday 19th

**Books and Breakfast-
8:15am**

Tuesday 20th

Year 6 Mental Health & Wellbeing Skate Session 4

Thursday 22nd

Scavenger Hunt

Friday 23rd

Book Week Dress Up



Happy Birthday to Lucy who is celebrating her birthday this week.



From the Principal's Pen...

Educating the Whole Child: A Holistic Approach to Learning

At Bethanga, we believe that education goes beyond academic achievement. Our mission is to nurture and develop 'the whole child'—focusing on their intellectual, emotional, social, and physical growth. Here's why this holistic approach is so vital:

- 1. Academic Growth:** While we prioritise strong academic foundations, we also recognise that intellectual development is best supported when balanced with emotional and social well-being. Engaging students in diverse learning experiences ensures they not only grasp concepts but also apply them in real-life situations.
- 2. Emotional Well-being:** Emotional health is crucial for effective learning. We provide a supportive environment where children can express their feelings, build resilience, and develop a positive self-image. This emotional support helps students manage stress and stay motivated.
- 3. Social Skills:** Interacting with peers is a key part of school life. We create opportunities for students to collaborate, resolve conflicts, and build meaningful relationships. These social skills are essential for personal development and future success.
- 4. Physical Development:** Regular physical activity is vital for overall health and well-being. Our curriculum includes time for physical exercise, sports, and outdoor play, which contributes to a child's physical fitness and helps them stay energized and focused.

By addressing these different areas, we aim to prepare our students for a well-rounded future, equipping them with the skills and attributes needed to thrive both in and out of the classroom.

Kind Regards, Rach Saunders



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bethanga.ps@education.vic.gov.au



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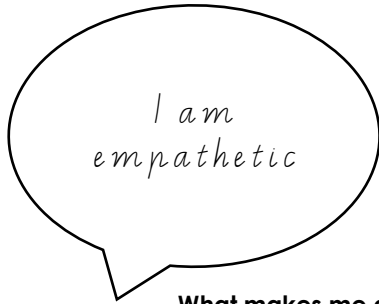


Also find us on Facebook to keep up to date.

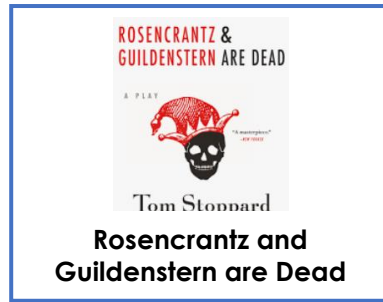
Get to know our community



Mrs Hamam

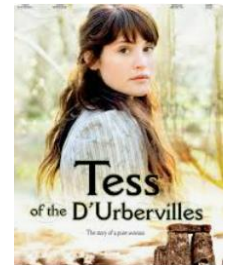


What makes me a good friend?



Rosencrantz and Guildenstern are Dead

My Favourite Movie



Tess of the D'Urbervilles

My Favourite Book

You're the best writing teacher in the world. Olivia T

You teach us very well. Ollie

You are the best writing teacher in the world. You are also very kind. Sylvie

Thank you for helping the year threes with Maths and making the year threes a little room. Thank you making the school a brighter place. Lucy

Thank you for being our new teacher for Maths and writing. I also love how neat and tidy you are. Everly

You are a great teacher because you are caring. Henry

I like how you put on the dance. Zach

I like you because you do cool dances. Maggie. P

I like you. Charlie

You are a good Creative Arts teacher. Maggie. F

You are the best teacher ever. Your teaching is amazing. Owen

You are the best teacher because you do Leadership. Remi

You are a great to us. You are very kind to me. Ivy

You are the best teacher ever. You are very funny. You can do so many things that I can't do. Olivia B

You are the best teacher ever. (No offence Mrs Smith). Jude P

You are a great teacher because you are great. Nick

You are a great Creative Arts teacher. Brianna

You are kind to me. Thanks for teaching me. Chase

You are a nice math teacher! Quinn

You are so kind and thoughtful and are the best drama teacher. Amelia

You are kind and a good teacher. Billy Blackburne

You are a great teacher. You are also a great drama teacher because you just are. I don't know why you are just very dramatic. Melody

You are a joyful teacher. I like doing music with you. Angus

Every time you walk in the room you are so nice. Jude B

You're an amazing teacher. You've helped me in maths greatly. Happy bucket filler day! Jacob

You are super nice! I loved writing a book with you. Olive

You're the best teacher EVER because you always help everyone when they need help or are hurt. Aleysha.

You are such an amazing wellbeing teacher. I love your generous personality. I like how you always remind us to RULE UP OUR PAGE! Thank you so much! Ava

You are kind and caring to all. You are always fair and without you our school would not be complete. Ivy

You're a really funny teacher. Billy Bayliss

You're the best mum in the world. Hugo

You are a good teacher to everyone. Reuben



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Wellbeing at Bethanga Primary School

As part of our commitment to addressing the whole child, at Bethanga Primary School we prioritise the wellbeing needs of our students. This is done through explicit lessons, targeted small group support and regular check-ins. To strengthen the links between home and school, we will regularly include wellbeing information in the newsletter so that you have a deeper understanding of what is happening in regard to your child's wellbeing in addition to opening communication if you have any questions or queries. We will share resources and home activity suggestions with you along with relevant external parent supports and courses we think that you might find interesting.

Screen Time

Routines and Screen Time

Routines help children know what to do, when and how often. This means routines can help you build screen time and digital technology use into your family life in a way that suits you and your family.

For example, if you want to put limits on screen time, you can make this part of a routine. You might decide your child can watch TV or use the tablet, but only between 5 and 6 pm. Or your routine might include just one program before dinner, or whatever suits your family.

Routines can also help you minimise conflict about screen time. For example, if you don't want your child to use digital technology in the car, you might have a car routine that involves listening to music or family-friendly podcasts or playing 'I spy'.

Screen Time Transitions

Your child might find it hard to stop watching TV or playing on the tablet, especially if they're having a good time. Planning transitions to other activities can make things easier.

Here are some tips:

- Set your child's expectations about a screen time session before the session starts. You could say, 'You can watch one program', or 'You can watch until it's bath time'.
- Choose your timing. If you can, get your child to stop using digital technology at a natural break. For example, try to plan bath time for when your child has finished a level in a game or when a TV show ends.
- Give your child a warning when it's almost time to stop. For example, 'Sam, it's time to switch the TV off at the end of the program', or 'Sam, you have 10 more minutes on the tablet'.
- Give your child time to save what they're doing. You could offer to help – for example, you might say, 'Ali, it's time to stop using the computer now. Do you want me to help you save what you're doing?'

Avoid screen time and digital technology use before bed

School-age children need plenty of sleep – 9-11 hours a night. Screen time and digital technology use before bed can affect how quickly your child falls asleep. If your child avoids mobile phones, tablets, computer screens or TV in the hour before bed, your child is likely to get to sleep more quickly.

As the Wellbeing Teacher at Bethanga Primary School, I would love to hear from you if you have suggestions for information that our parent community would find useful. Please don't hesitate to contact me at

Gennifer.Hamam@education.vic.gov.au



Keep digital technology out of bedrooms at night

If you keep mobile phones and other devices out of your child's bedroom at night, your child won't be able to stay up late playing games or messaging friends. This can also stop your child being disturbed in the night by messages or notifications.



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Student Achievement

Congratulations to the students who were acknowledged at Assembly this week for being active learners and making positive contributions to the Bethanga Primary School community.

Ava: for being such an amazing, welcoming and respectful friend to everyone. She goes about it quietly, just patiently helping everyone out in Millewa. Such a great friend to all Ava!

Brianna: for always being focused in learning and concentrating on instructions. Brianna worked so well in Maths in week 1, finding the mass of multiple items.

Melody: for an amazing attitude in maths! She is wanting extra work and looking for more of a challenge. Keep up the amazing work Melody. I love your attitude at the moment!

Remi: for demonstrating great persistence to publish her writing in week 1- a long piece that took a substantial amount of time to get typed up.

Nick: for demonstrating great predicting skills and thoughtful reasoning when estimating the mass of several objects.

Olive: for demonstrating impressive sportsmanship skills at the Winter Sports Carnival- not only volunteering to play for a team that didn't have enough players but scoring their winning goal... against the cluster team!

Billy: for obtaining his Pen Licence .



ART SHOW

**Bethanga
Primary
School**

Opening Night Ticket \$45

FRIDAY 2nd AUGUST
BETHANGA MEMORIAL HALL
Ticket includes entry, drinks and nibbles

Find us on Facebook for more information or ring the school on 60 264 263

ART SHOW 2024

Our Art Show is approaching fast! Scheduled annually for the first weekend in August, it means we are only ONE WEEK AWAY! Students have commenced preparations for their art works and we have over 20 local Artists keen to exhibit their works as well.

OPENING NIGHT

Our Art show will kick off with this Adult-only event on Friday 2nd August. This year, in addition to our exclusive Opening Night Auction for 6-10 Art pieces, we will also have

some Opening Night Silent Auction lots as well! This night is always a fabulous chance to catch up with friends, make new ones, peruse the art works and make your purchases before the Saturday exhibit – all Art Works are available on the Friday night!

OPENING NIGHT TICKETS

Order Forms have gone home previously with the newsletter. We encourage parents to come along! Invite family and friends and prepare to have a great night! Tickets include nibbles and drinks... it also provides the opportunity to have first pick of the amazing art on offer! We would love to have 60 people in attendance for Opening Night. Please send in your ticket order forms along with the cash (or you can do a bank transfer and just add the receipt number to the order form). These order forms are due back to school ASAP this allows us to organise the logistics such as catering, seating etc.



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Art Show Set up VOLUNTEERS NEEDED

Preparing the space and hanging artwork for our Art Show takes a substantial amount of time. If you are available to help Tuesday-Thursday next week (week 3) either during the day or after school, please let me know so that we can map out tasks. Thank you to Loren, Chantal, Genn and Lisa who have already volunteered to assist.

Art Show OPENING NIGHT Volunteers Needed

The Opening Night of our Art Show is a fabulous social night, a great chance to catch up with friends and make new ones! To ensure it is a success again this year, we require volunteers to assist. Ideally, if we have multiple volunteers, we can ensure no one does more than an hour (unless they'd like to... thanks Katherine & Chantal!) Can you please text me ASAP to lock in your preferred time slot/s thanking you in advance!

Art Show Opening Night Support/Volunteers Friday 2nd Aug

WHEN →	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm	10-11pm
WHAT ↓						
Cut veggies/fruit for platters	Genn Lisa					
Heat hot nibbles keep in pie warmer & put on platters (& replenish platters when needed)		Loren Rach				
Serve hot nibbles						
Co-ordinate the Bar & Serve Drinks			Katherine	Katherine	Katherine	Katherine
Support Katherine at Bar						
Door Greeter, hand out Lucky door prize tix			Genn			
Sell Raffle Tickets (at door and roam)			Lisa			
School Council President Welcome Address			Dave			
Art Sales (Auction 8:45pm)				Rach Chantal	Rach Chantal	Rach Chantal

Support for the Saturday of Art Show, please let me know if you can assist me at any of the below times:

Art Show Exhibit 10am-4pm Saturday

WHEN →	10-11am	11-12n	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm (may not be needed)
WHAT ↓								
Sales & Support	Rach	Rach	Rach	Rach	Rach	Rach	Rach	Rach
Pack Down of Art Work & Stands								

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ARTS FESTIVAL

The Wodonga District Arts Festival has been a cherished tradition for many years—some parents might even remember performing at the old Wodonga Civic Centre! This year marks the return to the original format including both Visual Arts and Performing Arts for the first time since 2019. This format will see 8 concerts take place between Monday 12th and Thursday 15th August at Galvin Hall (part of Wodonga Senior Secondary College). Entry for audience members is \$5, this cost supports the committee with running costs including the hire of equipment and the release of staff to co-ordinate the event which involves over 3,000 students from 20 schools! If you have plans to attend more than one concert, keep hold of your program as this will allow re-entry without paying again.

Students from Bethanga Primary will be performing on **Monday 12th at the 11:30am** concert.

We recommend audience members get there at least 15min before the commencement of the concert, not only to find seats, but also to check out the Visual Art display in the foyer.

MUDGEE F-2

Students in Mudgee will be performing a piece called 'Boom Chicka Boom'. This has been changed since the original plan. Please see the link below
<https://www.youtube.com/watch?v=69f9sCwhwYk>
There are different parts for students to play in the act...

Motorcycle- Nick and Remi

Costume suggestion- Black jeans, black t-shirt and Jacket

Elvis – Jude and Owen

Costume suggestion- White pants and top, slicked back hair

Cowboy- Maggie P and Henry

Costume suggestion- Jeans, Flannelette top, Boots and Hat

Janitor- Brianna and Olivia B

Costume suggestion- Work wear or pants and button up shirt

Underwater- Maggie F and Ivy

Costume suggestion- Blue clothes- we will add to these costumes at school

Baby- Charlie and Zach

Costume suggestion- Onsie or pants and top- we will add to these costumes at school

MILLEWA 3-6

Students in Millewa will be performing a dance to the song- Believer by Imagine Dragons.




Students are asked to come dressed in BLACK clothing and we will add some FLURO accessories e.g. wrist or headbands, mesh gloves, glasses. If you have any of these items at home can you please bring them in to school by Wednesday week 4 (7th August)



Can all students please bring their costumes into school by Wednesday 7th August (week 4) to be checked & for a dress rehearsal. These will be sent home again as students will come to school in their costumes on the day of the performance.



Wodonga District Schools
Arts Festival – Galvin Hall
12th – 16th August 2024
Connect, Create, Celebrate!

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Millewa

Millewa are hard at work getting ready for the Art Show next week.

Everyone is so enthused about the art they are creating and can't wait to share it with their families next week.



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